



## 2010 *Frontier "Red Hawks" Varsity Volleyball* 2010

**Sitting:** L-R: Tori Daniels, SR; Angelica Perfido, SR; Kendra Ouimette, Capt, SR; Cassidy Stankowski, Capt, SO; Katy Daniels, SR  
**Kneeling:** L-R: Ali Durant, SO; Tori Whitney, SO; Melanie Abercrombie, JR; Marie Wheeler, JR; Courtney Parent, JR  
**Standing:** L-R: Asst Coach Jack Stankowski; Kate Harper, SO; Jaclyn Parker, SR; Julia Wan, SO; Head Coach Sean MacDonald; Kelsey Abramson, JR; Holly DeWitt, SR; Megan Sullivan, JR; Sarah Woodward, FR (alt); Asst Coach Bernie Sadoski

# MIAA DIII State Champions

DIII Western Mass Champions – Northern League Champions

# 26-0

Agawam	W 3-0 25-14, 25-14, 25-16	New Bedford (2009 DI State Champ)	W 3-0 25-20, 25-21, 26-24
Amherst	W 3-1 25-19, 25-7, 24-26, 25-8	Hall of Fame Showcase of Champions	Tournament Champions: Final: Frontier 2, New Bedford 1
East Longmeadow	W 3-0 25-10, 25-16, 25-13	Millis	W 3-0 25-12, 25-11, 25-12
Greenfield	W 3-0 25-4, 25-8, 25-17	Barnstable (2010 DI State Champ)	W 3-2 19-25, 25-18, 25-14, 24-26, 15-11
Mahar	W 3-0 25-6, 25-7, 25-11	<b>Mahar</b>	<b>W 3-0 25-5, 25-14, 25-18 (DIG PINK)</b>
Pioneer	W 3-0 25-7, 25-11, 25-11	Pioneer	W 3-0 25-6, 25-8, 25-17
<b>Turners Falls</b>	<b>W 3-0 25-11, 25-11, 25-17 (Spike it for Life)</b>	<b>Turners Falls</b>	<b>W 3-0 25-4, 25-5, 25-22 (Spike it for Life)</b>
Athol	W 3-0 25-5, 25-11, 25-6	Greenfield	W 3-0 25-8, 25-5, 25-15
Longmeadow	W 3-0 25-15, 25-18, 25-12	Mohawk	W 3-0 25-3, 25-12, 25-11
Belchertown	W 3-0 25-12, 25-9, 25-8	Ware	W 3-0 25-11, 25, 14, 25-15
Franklin Tech	W 3-0 25-6, 25-16, 25-7	Medfield Tournament	Tournament Champions: Final: Frontier 2, Medfield 0

### Western Mass Tournament

#16 Belchertown W 3-0 25-8, 25-6, 25-14    #8 Ware W 3-0 25-2, 25-10, 25-15    #4 Turners Falls W 3-0 25-13, 25-18, 25-15    #3 Wahconah 25-14, 25-7, 25-12

### State Tournament

State Semi-Final: Millis W 3-0 25-9, 25-12, 25-9      DIII State Final: Case W 3-0 25-15, 25-12, 25-11

*DII State Final: Medfield 3 - Fairhaven 0*

*DI State Final: Barnstable 3 - Lincoln-Sudbury 0*